

Engineering Team Health Survey

Quarterly pulse check on team velocity, quality, wellbeing, and collaboration

CONFIDENTIAL - Individual responses anonymized

How to Complete This Survey

Rate each statement from 1 (Strongly Disagree) to 5 (Strongly Agree). Be honest—this survey is anonymous and designed to help identify areas where we can improve as a team. Takes approximately 5-7 minutes.

SURVEY DATE

Q1 2025

TEAM / DEPARTMENT

Platform Team

TENURE (OPTIONAL)

1-2 years



Velocity & Delivery

1. I can ship code to production without excessive delays or blockers.

Strongly
Disagree

1

2

3

4

5

Strongly
Agree

2. Our CI/CD pipeline is reliable and doesn't cause unnecessary friction.

Strongly
Disagree

1

2

3

4

5

Strongly
Agree

3. I get timely code reviews (within a few hours, not days).

Strongly
Disagree

1

2

3

4

5

Strongly
Agree

✓ Code Quality & Technical Health

4. Our test suite is reliable—I trust it to catch real issues.

Strongly
Disagree

1

2

3

4

5

Strongly
Agree

5. Technical debt doesn't significantly slow down my feature work.

Strongly
Disagree

1

2

3

4

5

Strongly
Agree

6. Our code reviews are constructive and help me improve as a developer.

Strongly
Disagree

1

2

3

4

5

Strongly
Agree



Wellbeing & Work-Life Balance

7. I rarely feel pressured to work outside of normal hours.

Strongly
Disagree

1

2

3

4

5

Strongly
Agree

8. My workload is sustainable—I don't feel chronically overwhelmed.

Strongly
Disagree

1

2

3

4

5

Strongly
Agree

9. I can take time off without worrying about work piling up.

Strongly
Disagree

1

2

3

4

5

Strongly
Agree



Collaboration & Communication

10. I know who to ask for help when I'm stuck on a problem.

Strongly
Disagree

1

2

3

4

5

Strongly
Agree

11. Knowledge is shared effectively—I'm not blocked by information silos.

Strongly
Disagree

1

2

3

4

5

Strongly
Agree

12. Our team meetings are useful and not excessive.

Strongly
Disagree

1

2

3

4

5

Strongly
Agree



Growth & Development

13. I have opportunities to learn new skills and technologies.

Strongly
Disagree

1

2

3

4

5

Strongly
Agree

14. I receive regular, actionable feedback on my work.

Strongly
Disagree

1

2

3

4

5

Strongly
Agree

15. My career path and growth opportunities are clear to me.

Strongly
Disagree

1

2

3

4

5

Strongly
Agree

How likely are you to recommend this team as a great place to work? (eNPS)

0

1

2

3

4

5

6

7

8

9

10

Not at all likely

Extremely likely

What's the one thing that would most improve your experience on this team?

Your feedback here...

What's working well that we should keep doing?

Your feedback here...

Scoring Guide (for managers)

4.0 - 5.0

Healthy — maintain

3.0 - 3.9

Needs attention

Below 3.0

Action required

Created with [CodePulse](#) — Engineering Analytics for Modern Teams

Track team health metrics automatically at codepulsehq.com